Transformational Mentorship

You feel called to support humans as they become the most optimal versions of themselves. You may demonstrate this as a: coach, practitioner, healer, entrepreneur, educator, leader, mentor, or guide.

With AI and technology working its way into every fiber of our society, humans need loving witness and support from each other more than ever!

Who holds space for Your Transformation and Healing?

I invite you to join a consciously curated small group of high frequency humans of service to experience what it feels like to be Seen, Heard, and Held. This embodiment will elevate your practice from telling and treating to healing.

When you experience the fullness of your gifts, you will experience the fullness of your life! We do this through living from a different reality.

In Transformational Mentorship, we will explore:
Conscious ethical presence
Embodied loving witnessing
Advanced somatic listening skills
The art of the powerful question
Accountability through informed action.

We embody this through:
non-judgement – being the loving witness and observer
non-attachment – release the need to fix or attach to a specific outcome
non-resistance – when we cling to something, we block the unknown which is where real transformation happens.

Transformational Mentorship is a place where:

- Smart, passionate, purposeful humans gather to grow and support one another.
- Collaborative co-creation happens.
- Embodied practice elevates your work to represent the fullest expression of your inherent gifts.
- The ways in which you collaborate with people deepen.
- You speak with a voice that resonates with the people you are meant to work with.
- Giving flows organically and does not deplete you.

Transformational Humans Know:

- Humanity is facing a true healing crisis – people are unwell mentally, physically, socially and are seeking support as they navigate their challenges.
- The most important catalyst in the healing process is You, no matter what modality or tools you practice.
- How to hold your center and boundaries while being in deep connection with another.
- Personal connection and support are everything.
- Healing is an evolutionary relationship.
- We do not heal in isolation. When we walk together on our journeys, we transform.

Transformational Humans can look forward to:

- Embodied presence, tools, and skills to support your clients in getting to the root cause of imbalance.
- Being lovingly witnessed in your own evolution and transformation.
- Promoting authentic healing.
- A deeply interactive and embodied experience
- Stepping away from each session with more clarity and confidence.

Eight-week immersion focusing on:

1. Understanding and consistently applying ethical principles to your client relationships.
2. Embodiment of a coaching mindset ~ open, curious, flexible, and client centered. You acknowledge and respect clients as whole and are responsible for their own choices.
3. Establishing and maintaining agreements about the relationship, process, plans, and goals. Solution focused not problem focused.
4. Cultivates spaces of trust and safety where clients feel safe to be honest and vulnerable. Create and maintain relationships with mutual respect.
5. Presence that is fully conscious and present in the moment demonstrating openness, flexibility, and grounded confidence.
6. Powerful active listening ~ hearing what is said and not said to support client self-expression.
7. Evoking awareness by facilitating client insight using 'right tool, right time' techniques, powerful questions, silence, metaphor, or analogy.
8. Facilitating client growth to transform learning and insight into inspired action and new behaviors.

Meet your Transformational Guide, Marlene Mier

There you are love; it is so good to finally meet you!"

I have spent my entire life exploring the most optimal ways to transform human experience. For the last twenty-six years, I have been professionally coaching individuals and groups to feel fully alive, vibrant, and thriving.

As I have evolved into the 'wise sage years,' so has my work. I have supported, trained, mentored, and guided conscious change agents, practitioners, and coaches into their fullest expression. This is my legacy!

My clients are an international representation of MD's; Nurses; Coaches; Acupuncturists; Dieticians; Physical Therapists; Counselors and Therapists; Pharmacists; Dentists; C Suite executives; Professional Athletes; Educators and anyone who has answered their "sacred calling" to serve humanity.

I have a playful sense of humor and laughing is very much a part of your experience with me. The love, respect, and reverence I have for life and people create a magical container for our sacred work together. In this space of safety and trust, you will get honest and transparent quickly.

Details:
8-week, ninety-minute experiential immersive sessions live on Zoom (group size limited to 8)
Tuesdays beginning March 3 – April 21, 2026
12:00 pm PT; 3:00 pm ET; 8:00 pm UK

Investment: $1,500 USD

Groups of eight are forming now. To join the waitlist, please email me at mmiercoach@gmail.com with your answers to the following:

Tell me about yourself and what specifically resonates in this offering?
What would you most like to work with/on during this program?
Describe your learning style and how you are best supported.
Anything else you would like me to know about you?

Payment link will be emailed when you register.
I am extremely excited to explore with you!